International SAMBO Federation
President

Vasily Shestakov

Cyprus Sambo Federation
President

Marios Andreou

REGULATIONS
International competition "FIAS Open Continental Cup" (Juniors up to 24 years old)
Sport SAMBO among Juniors (M/W), Combat SAMBO among Juniors (M)
Limassol, Republic of Cyprus, 20-23 November 2026
&
2 Day Training Camp

1. General terms

1.1 The International competition "FIAS Open Continental Cup" (Juniors up to 24 years old) (Sport SAMBO among Juniors (M/W), Combat SAMBO among juniors (M)), from now on referred to as the FIAS Open Continental Cup, shall be held in accordance with the current International SAMBO Rules approved by the International SAMBO Federation (FIAS).

1.2 The FIAS Open Continental Cup will be held in accordance with the current regulations of the International SAMBO Federation (FIAS).

1.3 The FIAS Open Continental Cup will be organized by the International SAMBO Federation (FIAS) and the Cyprus Sambo Federation.

1.4 The FIAS Open Continental Cup is held to popularize and develop the sport of SAMBO in Europe and to strengthen international sporting relations between the members of the International SAMBO Federation (FIAS) in Europe.

2. Competition organizers

2.1 General management of the organization and holding of the FIAS Open Continental Cup shall be the responsibility of the International SAMBO Federation (FIAS) and the Cyprus Sambo Federation.

2.2 Information about the competition organizers:

International SAMBO Federation (FIAS):
Address: Switzerland, Lausanne Ch-1007, Avenue de Rhodanie, 54A
E-mail: info@sambo-fias.com
Phone: +74954116137

Cyprus Sambo Federation:
Address: Lambrou Porfira, Nicosia, Cyprus;
E-mail: info@cyprussambo.org
Phone: Mr. Marios Andreou – President +35799513619
Mr. Christinos Stavridis – General Secretary +35799341459

3. Dates and venue

3.1 The FIAS Open Continental Cup shall be held from November 20 to 23, 2026.

3.2 Competition venue: **Apollon Limassol Basketball Stadium.**

3.3 Accreditation of the participants of the FIAS Open Continental Cup will be held at the hotel: **Park Beach Hotel, Limassol. 12 Georgiou A Avenue Yermasoyia, 4061 Limassol, Cyprus.**

3.4 The participants of the FIAS Open Continental Cup will be accommodated in: **Park Beach Hotel, Limassol. 12 Georgiou A Avenue Yermasoyia, 4061 Limassol, Cyprus**

3.5 The referee panel of the FIAS Open Continental Cup will be accommodated in: **Park Beach Hotel, Limassol. 12 Georgiou A Avenue Yermasoyia, 4061 Limassol, Cyprus**

4. Terms of participation

4.1 The National SAMBO Federations (NSF), affiliated with the International SAMBO Federation (FIAS), have the right to participate in the FIAS Open Continental Cup.

4.2 No more than 2 athlete in each weight category from the National SAMBO Federations is allowed to participate in the competition.

4.3 No more than 4 athlete in each weight category from the Cyprus Sambo Federation hosting the FIAS Open Continental Cup is allowed to participate in the competition.

4.4 Registration of delegations to the FIAS Open Continental Cup 2026 shall be done by sending mail the preliminary form to the Cyprus Sambo Federation at info@cyprussambo.org.

4.5 The official delegation to the FIAS Open Continental Cup:
Head of delegation – 1, administrator – 2, coach – 6, doctor – 2, masseur – 2, referee – 2, athletes – 42. Total: 55 people.

4.6 Age and weight categories:
Adults: 18-24* years:
Sport SAMBO (Men) – 58 kg, 64 kg, 71 kg, 79 kg, 88 kg, 98 kg, over 98 kg;
Sport SAMBO (Women) – 50 kg, 54 kg, 59 kg, 65 kg, 72 kg, 80 kg, over 80 kg;
Combat SAMBO (Men) – 58 kg, 64 kg, 71 kg, 79 kg, 88 kg, 98 kg, over 98 kg.

4.7 The delegation of each National SAMBO Federation must bring at least 1 referee, if the number of athletes in the delegation exceeds 5 people.

Note:
* Athletes are not allowed to participate in two disciplines at the same time (athlete participating in the discipline of Sport SAMBO cannot be registered for participation in Combat SAMBO competitions).
** Athletes over 24 years of age have the right to take part in competitions if they are not prize winners of continental championships, continental cups, or prize winners of world championships or world cups.

5. Technical specifications

5.1 The FIAS Open Continental Cup shall be held in accordance with the International SAMBO Competition Rules.

5.2 Only international category referees can referee the competitions.

5.3 The draw will be conducted automatically.

5.4 Sport SAMBO official competitions shall be held with the system of distribution into groups, elimination and repechage bouts from finalists.

5.5 Combat SAMBO official competitions shall be held with the system of distribution into groups and elimination without repechage bouts.

5.6 Team medal count is conducted unofficially according to the Olympic principle (without awards).

5.7 The Organizing Committee guarantees to provide all the participants with first aid (if necessary).

5.8 Each athlete must undergo a medical examination before leaving for the competition, and the results of the medical examination must be included in the application or medical certificate.

5.9 Each athlete must provide to the accreditation commission a copy of life insurance policy against accidents (abroad). Insurance of the participants is carried out at the expense of the sending organizations.

5.10 Each athlete must have a SAMBO uniform (red/blue) with a FIAS license and a backnumber (in full compliance with FIAS requirements) on the back of his sambo uniform consisting of his surname and the abbreviation of his country's name or FIAS abbreviation as decided by FIAS.

5.11 Athletes who have discrepancies between the SAMBO uniform and the backnumber on the back of their uniform with the requirements of the FIAS International Rules are not allowed to participate in the competitions.

5.12 During accreditation, delegates of all countries must provide the Organizing Committee with a short version (not more than 30 seconds) of the respective anthem in electronic form and two 2x1m national flags.

6. Applications

6.1 The Organizing Committee of the competitions will provide accommodation with breakfast and dinner (only in the specified official hotels) and transfer for the National SAMBO Federations that submit their application by **October 26, 2026**.

6.2 In case the application for accommodation with breakfast and dinner (only in the specified official hotels) and transfer from the National SAMBO Federation is submitted later than **October 26, 2026**, the competition's Organizing Committee reserves the right to refuse to provide accommodation and transfers.

6.3 Changes to the application for accommodation can be sent until **October 26, 2026**. If the information is not received at the right time, the Organizing Committee has the right to refuse to change the application and impose a penalty for failure to notify about the changes.

6.4 Applications for booking accommodation and transfers shall be submitted to the Competition Organizing Committee in accordance with Annex No.1 and Annex No.2.

6.5 All participants who require **a visa to enter the Republic of Cyprus** must apply for a visa at the Consular sections of the Embassy of the Republic of Cyprus in their country. The visa fee for entry to the Republic of Cyprus, which can be arranged for each participant, must be paid independently by the National SAMBO Federation or the individual participant. The cost of the visa fee may vary from country to country. **The Competition Organizing Committee will provide the necessary visa support, subject to prior notification, until October 26, 2026**.

6.6 Applications for visa support shall be submitted to the Competition Organizing Committee in accordance with Annex No. 3.

7. Financial conditions

7.1 The Competition Organizing Committee provides transfers from the airport to the official hotel and back, as well as transfers from the official hotel to the competition venue and back at a price of 50.00 Euros per participant.

7.2 The Competition Organizing Committee provides accommodation in a hotel with breakfast and dinner (only in the specified official hotels) at the rate of 100.00 Euros per participant per day (double occupancy and meals twice a day) and 150 euros per participant per day (single occupancy and meals twice a day) for the whole period of the FIAS Open Continental Cup.

7.3 Other additional expenses for food and accommodation are paid by each participant independently.

7.4 The accommodation period is 2 days minimum for each delegation member (official hotels only).

7.5 The Heads of Delegations shall settle all financial issues and meet accreditation requirements on the day of arrival.

7.6 In case the delegation participating in the competitions or members of the delegation who are not officials organize their accommodation and meals (accommodation not in official hotels), the National SAMBO Federation shall pay an accreditation fee of 100 (one hundred) Euros for each member of the delegation to the Organizing Committee of the competitions. **No transfer is provided to the participants in this case**.

7.7 Payment of the salaries of the referees included in the official list of referees shall be provided by the International SAMBO Federation (FIAS).

8. Awarding

8.1 Athletes who win prizes are awarded medals and diplomas.

8.2 A red SAMBO uniform is required at the official ceremonies.

8.3 The national anthem will be played and the flag will be raised or the FIAS anthem and flag as decided by FIAS.

Program of the FIAS Open Continental Cup 2026

20 November 2026: Day 1		
	Arrival of delegations	
21 November 2026: Day 2		
10:00 – 16:30	Arrival of delegations, Accreditation, Registration	
17:00 – 18:00	Weigh-in Sport SAMBO (W): 50, 54, 59, 65, 72, 80, +80kg Sport SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg Combat SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg	
18:00 – 19:00	Meeting of representatives and coaches, draw	
22 November 2026: Day 3		
10:00	Preliminary: Sport SAMBO (W): 50, 54, 59, 65, 72, 80, +80kg Sport SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg Combat SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg	
16:30 – 17:00	**Opening Ceremony**	
17:00	Finals and awarding ceremony: Sport SAMBO (W): 50, 54, 59, 65, 72, 80, +80kg Sport SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg Combat SAMBO (M): 58, 64, 71, 79, 88, 98, +98kg	
23 November 2026: Day 4		
	Training Camp	
24 November 2026: Day 5		
	Training Camp	